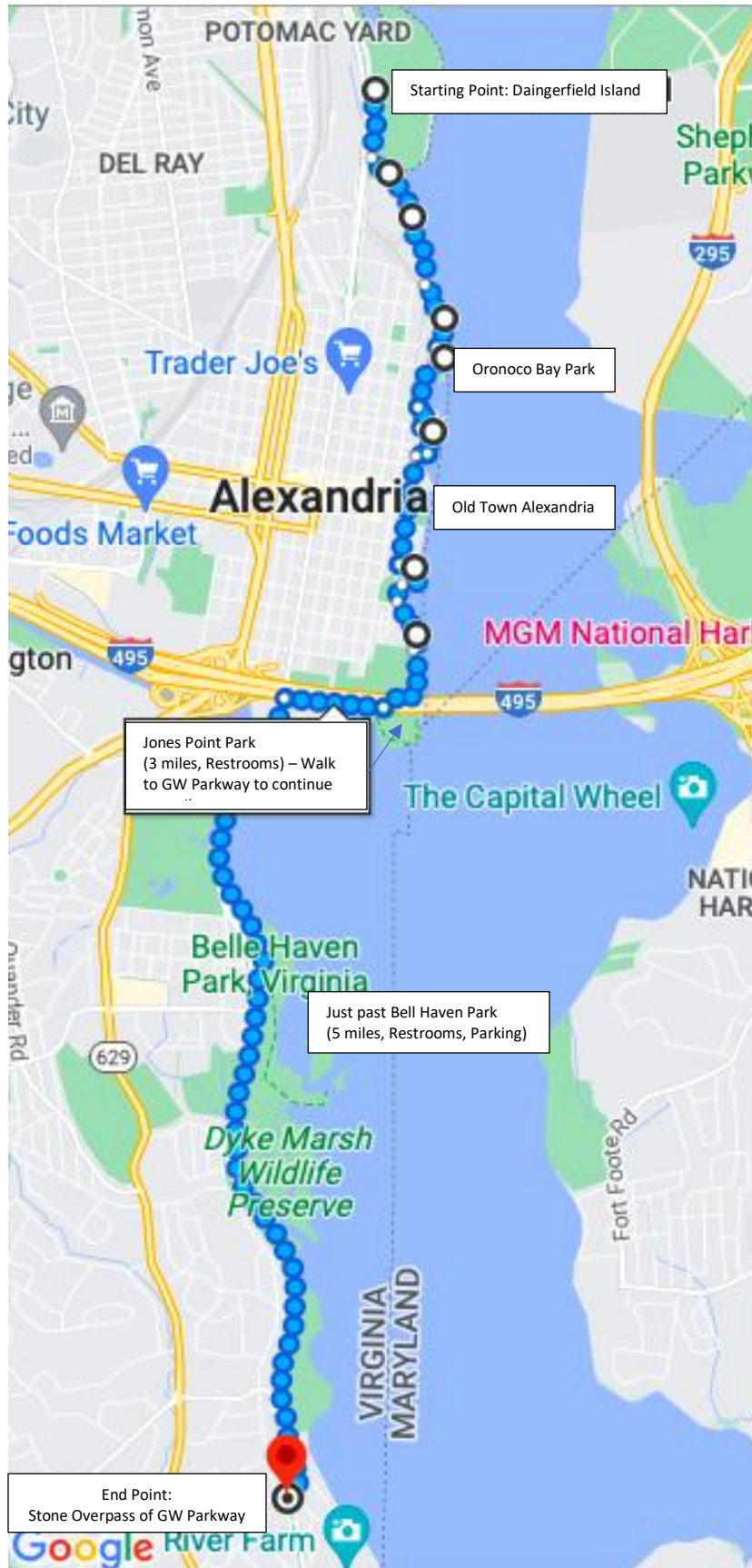


Bataan Memorial Death March April 2, 2022



Distance notes:

It is 3.1 miles from the starting point to Jones Point Park where there are restrooms and first aid stations. This is the turnaround point if you're only running/walking 6 Miles.

Past Belle Haven Park at Mt. Vernon Trail marker 7 is the BMDM 5-mile mark. Turn around at this point to finish a 10 Mile Run/Walk.

At the Stone Bridge is the 7.1 mile mark from the start point. Turn around at this point to finish a 14.2 Mile Run/Walk

Remember to drink plenty of water and take rest stops.